

Sample Menu from Moonshadow's Galley



Breakfast

Fresh fruit & juices, yoghurts
Cereals and porridge
Ayrshire bacon, Stornoway Black Pudding,
homemade tattie scone, eggs,
toast and preserves
Freshly brewed tea and coffee

Elevenes

Chocolate brownies

Lunch

Cullen Skink
(a thick Scottish soup made with smoked haddock,
potatoes and onion)
Home made seeded loaf, cold meat platter

Afternoon Tea

Selkirk Bannock
(a traditional Scottish fruit loaf)

Dinner

Smoked mackerel pate and melba toast
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Scottish Fillet of Beef, wild mushroom and tarragon mash
Green beans, honey glazed carrots
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Cranachan
(a traditional Scottish dessert
made from raspberries, oatmeal honey and whisky)
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Coffee and Highland tablet